

WELCOME TO ANNAN RUGBY



**YOUR GUIDE
TO ANNAN RUGBY
SEASON 2026/27
MINIS/JUNIORS/SENIORS**

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WELCOME FROM PRESIDENT NEIL



Welcome back to Violetbank after a sunny summer holiday from myself & Annan Rugby, I hope your players are all refreshed and raring to go!

In the off-season, there has been work carried out on the pitches and upstairs in the pavilion, with new kit stores coming in the next couple of months.

Our vision is to continue to improve our facilities to try and make you and your players' experience is as enjoyable as possible. With the goal of the pavilion expansion is on the horizon.

With a block of rugby being co-ordinated in the primary school the first term back we're hoping for a strong uptake in numbers to help bolster our squads.

As always, we like to bang the drum, always on the look out for helpers and volunteers on and off the pitch, if you want to get involved, please come forward.

Best of luck to all our players for the coming season.



Yours in rugby
Neil Moffat
Club Chairman & President



ANNAN RUGBY CORE VALUES



Our Club **Vision** is to develop a sustainable club, in terms of our facilities and financial independence, to allow us to grow in line with the demands of an increasing and diverse player base. We also strive for a club that is inclusive to all who want to be a part of it – everyone counts.

Our Club **Mission** is to provide a positive, respectful, safe and enjoyable rugby experience for all, through the **One Club** ethos.

TEAMWORK - The collaborative effort of a group to achieve a common goal or to complete a task in the most effective and efficient way.

- Taking responsibility / sharing the load
- Contributing what you can to the Club
- Organisation, commitment and communication



RESPECT - Due regard for the feelings, wishes, or rights of others.

- Accepting people's views, opinions and decisions, even if they differ from your own or you don't agree with them
- Displaying a positive, caring and inclusive attitude
- Being polite, kind and fair to all Club individuals



ENJOYMENT - The experience of having a good time

- Providing motivation and encouragement to others
- Making positive choices
- Satisfaction in being part of a successful and welcoming Club

DEVELOPMENT - A process that creates growth, progress, positive change

- Being open to, and showing a willingness to accept change
- Giving and receiving constructive feedback
- Promoting and experiencing opportunities for growth and success



SENIOR COACHING TEAM

1ST TEAM

2ND TEAM

WARRIORS



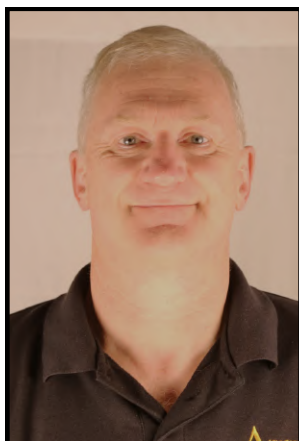
ADAM HAMILTON
HEAD COACH

EMAIL: ADAMHAM2406@GMAIL.COM
MOBILE: 0772 066 0093



IAN HAMILTON
HEAD COACH

EMAIL: IANHAMILTON@ANNANRFC.COM
MOBILE: 0778 543 2874



CALUM HEUGHAN
ASSISTANT COACH



SIMON DIX
PLAYER COACH



TRACY WHITESIDE
TEAM MANAGER

EMAIL: TRACYWHITESIDE@ME.COM
MOBILE: 0787 985 4336

TRAINING TIMES



MEN

Every Tue & Thur up at Violetbank
7pm to 8.30pm

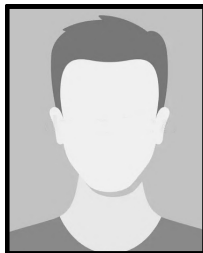
WOMEN

Every Tue & Thu up at Violetbank
7pm to 8.30pm



YOUTH COACHING TEAM - MIDIS

U13 BOYS



KEITH NELSON
COACH



GILLIAN NELSON
TEAM MANAGER
MOBILE: 07921 212107

U14 BOYS



NEIL MOFFAT
COACH



ANDY COPLAND
COACH



SAM MCGILL
TEAM MANAGER
MOBILE: 07707 650696

U16-U18 BOYS

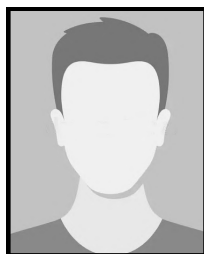


NEIL MOFFAT
U16-U18 BOYS CONTACT
MOBILE: 07469 774918



PLAYERS WANTED

U14 GIRLS



CALLUM HOWATSON
COACH
MOBILE: 07793 075070



YOUR NAME HERE?
TEAM MANAGER

U16 GIRLS



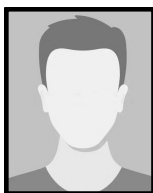
BILLY HENDERSON
COACH
MOBILE: 07885 630703



MICHELLE BODIE
TEAM MANAGER
MOBILE: 077873 68066



IAN CANNING
COACH



HANS WILSON
COACH (DUMFRIES)

U18 GIRLS



TRAINING TIMES

U13-U16 BOYS

Every Thu up at Violetbank
6.30pm to 8pm

Note: U17-U18 Boys train with the men

U13-U16 GIRLS

Every Wed up at Violetbank
6.30pm to 8pm

Note: U17-U18 Girls train with the women



YOUTH COACHING TEAM - MINIS

U6 TIGERS



MICHELLE GIBSON
TEAM MANAGER/COACH

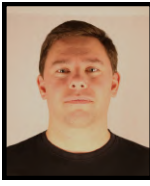


YOUR NAME HERE?
CONTACT MICHELLE ON
07742 803172
IF YOU CAN HELP

U7 TIGERS



ELIZA BROWN
TEAM MANAGER



**THOMAS
O'NEILL**
COACH



**DANNY
BURNS**
COACH

U8 TIGERS



EMMA DUIGNAN
TEAM MANAGER



**LAUREN
BURGESS**
COACH



**CALUM
DUIGNAN**
COACH

U9 TIGERS



LOUISE BELL
TEAM MANAGER



**CIARA
O'CONNELL**
COACH



**JOHN
CARROLL**
COACH

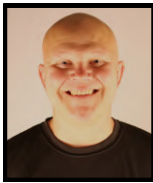
U10 TIGERS



CARLY MOFFAT
TEAM MANAGER



**SARAH
SMITH**
COACH

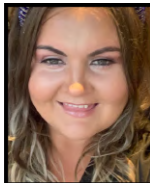


**PAUL
O'DONNELL**
COACH

U11 TIGERS



JANE JONES
TEAM MANAGER



**BECKI
NELSON**
COACH



**KEVIN
JONES**
COACH

U12 TIGERS



YOUR NAME HERE?
TEAM MANAGER



**DAVE
AMERY**
COACH



**CHRIS
RUDD**
COACH

MINI & FIXTURES CO-ORDINATOR



KIRSTI RUDD
CO-ORDINATOR

EMAIL:
MINIRUGBY@ANNANRFC.COM

MOBILE:
0778 033 7559

TRAINING TIMES

The mighty U6-12 Tigers train on **Sundays***
10am to 11am up at **Violetbank, DG12 5NY**

*Unless there is a match fixture or a break i.e. Easter, Xmas etc



STRENGTH & CONDITIONING TEAM



**JAMES
KIRBY**



**RYAN
GLASS**

STRENGTH & CONDITIONING SESSIONS

U14-U16 PLAYERS

Times to be arranged during the season.

Contact Ryan for more info or details on:

Email: RyanGla@live.co.uk

Mobile: 07701 320184 (also WhatsApp)



WALKING RUGBY

Walking Rugby is a slower, non contact version of the game for all ages (not just adults) who are looking to increase their levels of physical activity.

It is suitable for those recovering from injury, retired players and older people looking to stay fit and active.

Walking rugby provides participants with the opportunity to enjoy a social, physically active, healthy lifestyle.

The sessions will provide an opportunity to socialise and enjoy the benefits of exercising together in a relaxed environment with lots of fun and craic.

No previous rugby experience is necessary to take part.

Every **Monday** up at **Violetbank. 6pm to 7pm** then chat and free coffee/tea/biscuits in the Robertson Lounge

Everyone is welcome, even if you just fancy a coffee and a chat, come along and join us!

Cost: **£1**

More info? - Contact Marie Parker on MarieParker@AnnanRFC.com / 07737 601 781 (Also WhatsApp)



COACHING OPPORTUNITIES

Whether you are new to rugby, a former player looking to give something back to the game or a parent who wants to help their child experience rugby, coaching provides the perfect opportunity to get yourself involved.

It can be a rich and satisfying experience and is central to developing, sustaining, and increasing participation in rugby.

We aim to support the professional development of our coaches so they can continue to enhance their skills and experience.

Any relevant coaching courses and clothing will be subsidised by the club for those prepared to make the ongoing commitment to coaching a team at Annan Rugby Club.



YOUNG HELPERS / SCHOOL VOLUNTEERS

Annan Rugby is striving to create more opportunities for young people to get involved in sport, develop their skills and become Leaders in their Local Community.

We can support young coaches through Coaching and Refereeing Courses and other volunteering opportunities

YOUNG HELPERS / SCHOOL VOLUNTEERS

Whether you are experienced or inexperienced in rugby or coaching, you could play a big role in helping to create fun and challenging sessions for players to enjoy.

Our head coaches could always do with an extra pair of hands to help set up equipment, supervise activities or support during game days.

If you would like to be involved with coaching at Annan Rugby Club or just want more information, please contact **Nicole Jancey** on Nicole@AnnanRFC.com

Anyone who volunteers as a coach, will receive a **free Associate Membership** to Annan Rugby Club as a small thank you.



MENTAL HEALTH & WELLBEING



Rugby is More Than Just a Game

At our club, we believe rugby is about having fun, making friends, learning new skills and looking after each other. Looking after your mental health is just as important as looking after your physical health.

For Our Young Players

It's okay to have lots of different feelings when you come to rugby.

You might feel:

- 😄 Excited to play.
- 😬 Nervous about trying something new.
- 😞 Disappointed if you lose or make a mistake.
- 😊 Proud when you learn a new skill.
- ❤️ Happy when you help a teammate.

Every feeling is normal, and everyone has good days and difficult days.

Remember:

- Be kind to yourself and others.
- Mistakes help us learn and improve.
- Rugby is about teamwork, not being perfect.
- If something is worrying you, talk to someone you trust.
- You are valued for who you are, not just how you play.

For Parents and Carers

Children enjoy rugby most when they feel safe, supported and encouraged.

You can help by:

- Praising effort rather than results.
- Helping your child understand that mistakes are part of learning.
- Encouraging them to talk about how they feel after training or matches. Use open ended questions rather than asking "how was training/the game?"
- Supporting positive behaviour towards teammates, coaches and officials.
- Letting a coach or safeguarding officer know if your child is struggling or needs extra support.

Our aim is for every child to leave rugby with a smile, feeling confident, included and proud of themselves—whatever the score.

Remember: Strong minds build strong teams. Looking after ourselves and each other is what rugby is all about.

Alison Martin is our fantastic Mental Health Coordinator who is regularly available should you need any information or if you would just like a chat.



ALISON MARTIN

EMAIL: ALISONMARTIN@ANNANRFC.COM

MOBILE: 07730 791 751



CHILD PROTECTION & SAFEGUARDING

COMMITMENT TO SAFEGUARDING

Annan Rugby is fully committed to ensuring the safety and wellbeing of all children and young people involved in our club activities.

We acknowledge our responsibility to promote and protect their welfare from all forms of harm, abuse, and poor practice.

We believe every child has the right to enjoy rugby union in a safe, inclusive, supportive, and positive environment, free from abuse, discrimination or harm.

POLICY ADOPTION & ALIGNMENT

Annan Rugby adheres to the Scottish Rugby Union's (SRU) Child Protection & Safeguarding Policy, procedures, and guidance, including any future updates or successor documents

This policy is publicly available at: www.scottishrugby.org/safeguarding

SAFEGUARDING OFFICER (FORMALLY KNOWN AS CHILD PROTECTION OFFICER)

Annan Rugby has appointed a Safeguarding Officer (SO) to act as the key point of contact for safeguarding and child protection concerns within the club.

SO Details: Gary Coupland

Email: SO@AnnanRFC.com

Mobile: 07711 720 900



- The SO has completed appropriate safeguarding training as required by Scottish Rugby.
- Their contact details will be publicly displayed in the clubhouse and on the club website.
- Any child protection or welfare concerns should be directed to the SO in the first instance.

REPORTING CONCERNS

Annan Rugby is committed to ensuring that any allegations, concerns, or suspicions of abuse, neglect, harm, or poor practice are taken seriously and acted upon promptly, fairly, and in line with SRU procedures.

If there is a concern about a child's wellbeing:

- Complete a Safeguarding Concern Form and submit it to the Club SO and the SRU Lead Safeguarding Officer.
- Contact SRU Safeguarding: safeguarding@srugby.org.uk

Download Safeguarding Concern Form via www.scottishrugby.org/safeguarding

SAFER RECRUITMENT & PVG SCHEME

Annan Rugby ensures that all individuals undertaking regulated work with children are safely recruited, appropriately vetted, and registered with the Protecting Vulnerable Groups (PVG) Scheme.

- PVG checks are coordinated by the Club's PVG Administrator
- Updates and renewals are managed as required under Disclosure Scotland guidelines.
- Annan Rugby recognises and complies with the Disclosure Scotland referral process if there are concerns about the suitability of an individual to work with children.

PVG Administrator: Gary Coupland

Email: PVG@AnnanRFC.com

Mobile: 07711 720 900



More on PVG Scheme: www.mygov.scot/pvg-scheme

TOURS & EVENTS

All overnight trips, tours (domestic and international), and away fixtures involving children and young people will fully comply with Scottish Rugby Regulations and Guidance on tours and safeguarding procedures, including obtaining parental consent and having appropriate supervision ratios.

RIGHTS & RESPONSIBILITIES

- Children and young people have the right to be heard, respected, and protected at all times.
- All adults involved in the club (coaches, volunteers, parents, supporters) have a responsibility to act on concerns and to follow the club's safeguarding procedures.
- All club members will be made aware of the safeguarding policy and their role in keeping children safe.

REVIEW & TRAINING

This policy will be reviewed annually or in response to changes in legislation, guidance, or following a safeguarding incident.

All individuals in regulated roles must:

- Complete Child Wellbeing & Protection in Sport (CWPS) training
- Undertake regular refreshers as advised by Scottish Rugby

ANNAN RUGBY COMMITTEE 2026/27



With the club's charity status now fully integrated, a new general management committee has been established to oversee the different aspects of club life!

Many congratulations to all those appointed and here's to a fantastic season ♡ ♡



MASCOTS WANTED



With the new rugby season about to kick off shortly, we're on the lookout for any young Tigers who would like to be a senior Team Mascot

All primary children who train regularly are considered for the job.

All home games are usually played on Saturdays or Sundays with a 2pm KO

If you would like your child to enjoy this experience, please text/Whatsapp **Tracy Whiteside** on **07879854336**

Then we can arrange a date that's suitable.



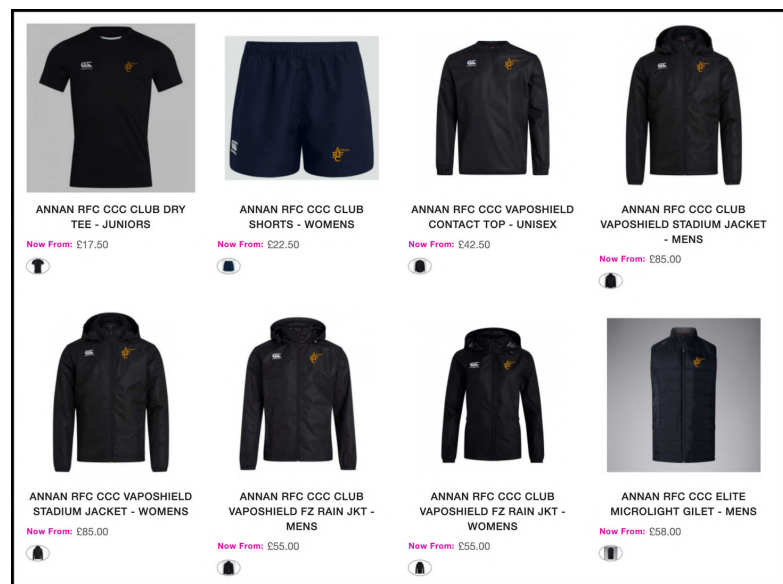
CLUB SHOP



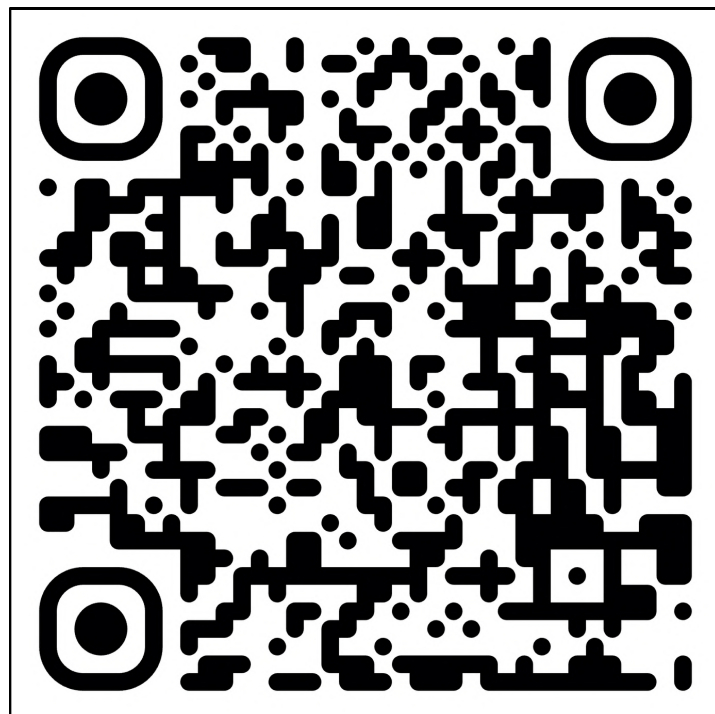
BE UNIFORMS are Annan Rugby's online provider for lots of Annan Rugby merchandise

Available from **BE UNIFORMS** are: Hoodies, Training Tops, Shorts, T-shirts, Gilets, Jackets, Jogging bottoms and a lot more

If you wish to order a replica top please see the information below.



Go to AnnanRugby.com/ClubShop/ or www.teamwear.border-embroideries.co.uk/clubs/annan-rfc.html to access the online club shop



PRE-LOVED 2ND HAND CLOTHING

Pre-loved rugby clothing & boots (mainly kids) are available to purchase from the stairwell heading up to the Robertson Lounge

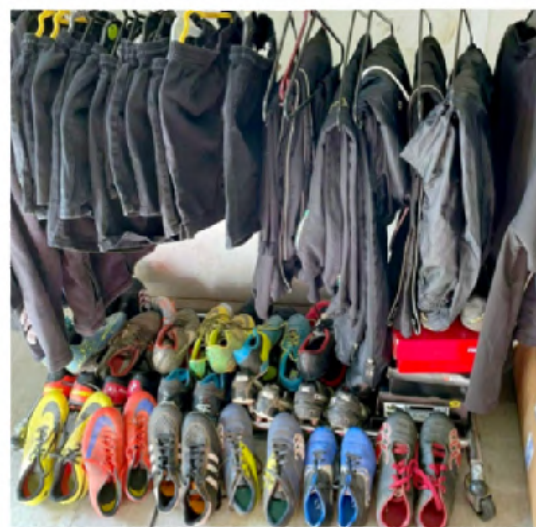
Pay what you feel - just place any money into the provided container. Max 2 items per household.

Any money raised will go back into club funds.

Available most training nights and match days.

Any further clothing donations most welcome.

Place into the small kit store and mark for Tracy Whiteside's attention.





BECOME A MEMBER

The main aim of the Club is to develop and nurture local rugby talent, which is, of course, heavily dependent on the contribution made by our many loyal members.

Your continued support as a member has never been more important, however, Annan Rugby is a community club, so if you are experiencing hardship issues as a result of these unprecedented times, please talk to your coach or a member of the committee in confidence.

There are 2 steps to becoming a member of our club, which will ensure you have the correct communications.

Membership fees are due & should be paid by **Aug 31st 2026**

Memberships for anyone joining after this date will be expected 4 weeks following their first attendance at training.

MEMBERSHIP COSTS FOR SEASON 2026/27

*The **20% family discount** is only available for families living at the same address with an U18 player.

MEMBERSHIP OPTION	ANNUAL	OVER 10 MONTHS	ANNUAL WITH FAMILY DISCOUNT*	OVER 10 MONTHS WITH FAMILY DISCOUNT*
FULL SENIOR PLAYER WITH GYM MEMBERSHIP INCLUDED	£208	£20.80	£166.40	£166.64
STUDENT ON PRODUCTION OF VALID ID	£104	£10.40	£83.20	£8.32
YOUTH	£78	£7.80	£62.40	£6.24
WALKING RUGBY	£40	£4	£32	£3.20
ASSOCIATE	£23	N/A	N/A	N/A

STEP 1: SCRUMS

Open the **SCRUMS** Website using the link below or QR code.

To Register as a Player (over 18) or for a Player (under 18):

- Use Link: <https://scrums.scottishrugby.org/register>
- Or Scan the QR Code



Be sure to complete all sections and select **Annan RFC** as your Club using the drop-down list.



BECOME A MEMBER

STEP 2: SPOND APP

Download the Spond App on your mobile device using the QR Code.



IOS:



ANDROID:

Don't use a Smart Phone?

Access the Spond Website via

<https://spond.com/landing/login>

YOUTH PLAYERS

Create an account by inputting your own personal details, not your child's.

Select the member/parent option, then '**ENTER GROUP CODE**'.

Group codes are different for each of our rugby age sections. Please take care to enter the correct code.

- **U6-U12 BOYS/GIRLS: HXMMX**
- **S1-S6 BOYS: NOAWN**
- **S1-S6 GIRLS: CHIMP**

Once you enter the code, select '**I'm a guardian**'

Fill in your child's details.

Once completed, a membership request will be sent to the Team Manager of the group who will accept you into the group. This may take a day or two depending on when the TM's are available.

Complete the registration form and process your membership payment. If you have any issues, please email memberships@annanrfc.com

Once you have been accepted, you will see various events which you will be able to Accept or Decline on behalf of your child/ren.

If you struggle with any steps, please don't hesitate to get in touch with your Team Manager.

SENIOR PLAYERS / ASSOCIATE MEMBERS

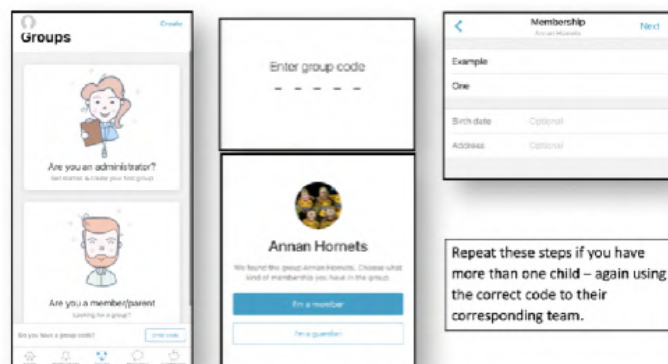
Create an account and then '**ENTER GROUP CODE**'.

WOMEN: LAOGE / MEN: AUIRW / ASSOCIATE MEMBER: ZENRC

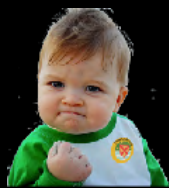
Once completed, a membership request will be sent to the Team manager of the group who will accept you into the group. This may take a day or two depending on when the TM'S are available.

Complete the registration form and process your membership payment. If you have any issues please email memberships@annanrfc.com

If you struggle with any steps, please don't hesitate to get in touch with your Team Manager.



THE GOOD PLAYERS CODE



ACCEPTABLE & ENCOURAGED BEHAVIOURS

Show appropriate respect for coaches, referees, other team players, opposition and spectators at all times.

Shake hands with opposition and referees - win, lose or draw.

Play and train by the laws of the game and uphold the traditions of the game.

Direct any questions for the referee through the nominated team captain.

Arrive for training and games in a timely manner. Listen and learn from your coaches.

Show care for facilities and equipment made available to you at all times.

Encourage your parents/carers to come along to training and games to support you and appreciate their support.

Be fair, never give up and have fun!

Suggested clothing for training and games:

Durable rugby shirt, appropriate base layers, rugby shorts, long socks, rugby boots, gum-shield (essential for P4+), towel and change of clothes.

UNACCEPTABLE BEHAVIOURS*

Abuse of any kind such as foul language, obscene gestures, taunting.

Being rude, cheeky or disrespectful to coaches, teammates, opposition, officials or spectators.

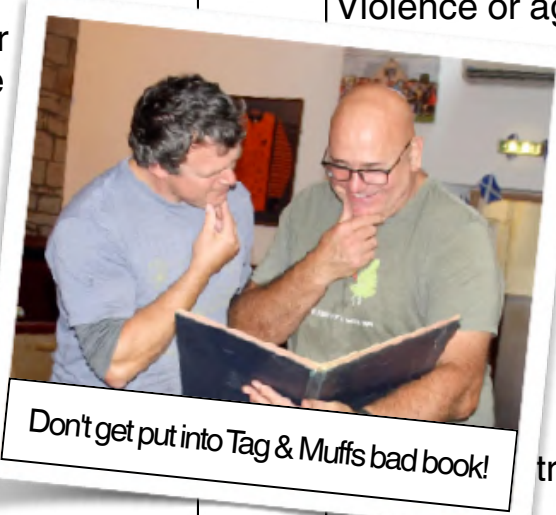
Bullying – verbal or physical.

Violence or aggression towards others.

Damaging or destroying Club equipment.

Wearing boots with 'blade' type soles which have a metal tip on the rubber / plastic blade.

Wearing jewellery during training or games.



* These are applicable to any situation where you represent Annan Rugby Club, including online and social media site



THE GOOD PARENTS CODE



ACCEPTABLE & ENCOURAGED BEHAVIOURS

Condemn and report all violent or illegal acts, whether they are by players, coaches, officials, parents or spectators.

Encourage players to play by the laws and to respect opposition players & officials – especially the referee's decisions.

Keep a safe and appropriate distance from the pitch.

Participate in positive cheering, praise and encouragement of the players in both teams.

Encourage your child to attend training sessions, games and become involved in fundraising events.

Appreciate the volunteers who commit to providing opportunities for your children in their own time.



Keep Tracy smiling!

UNACCEPTABLE BEHAVIOURS*

Unsportsmanlike language, harassment or aggressive behaviour.

Disrespectful conduct such as profanity, obscene gestures, offensive remarks, taunting or other actions that are demeaning to players, officials or supporters.

Ridiculing or scorning a player for making a mistake.

Complaining or arguing about referee's calls or decisions during or after a game.

Encroaching on the pitch.

Arriving at a game under the influence of alcohol or drugs – you will be asked to leave.

*These are applicable to any situation where you are representing, supporting or affiliating yourself with Annan Rugby, including on-line and social media sites.

Remember that children take part in Rugby Union for their own enjoyment, not yours.



VOLUNTEERING



COACHES & TEAM MANAGERS

We are always on the lookout for coaches and team managers for all age groups to help out at Annan Rugby. No experience necessary, as the necessary support/training will be provided.



THE GRUBBER

The Grubber is the one-stop shop for all your match-time refreshments! Can you spare a few hours a week/month helping out to keep the masses refreshed?

GROUNDKEEPING

From pitch work to helping out with small repairs and maintenance, we are always on the lookout for a handy man/woman/boy/girl who can help with the never-ending list of jobs to help upkeep Violetbank.



VIOLETBANK DEVELOPMENT

Put your ideas in action! We are always on the lookout for ideas and help with the development of Violetbank. We are in the process of drawing up plans for an expansion of the changing rooms, etc. Sounds like something you could help with?

FUNDRAISING

Each team is tasked with organising their own fundraisers throughout the year to help raise some money towards the cost of Rugby. So get your thinking caps on!

If you have any ideas or would like to help with any events that happen throughout the year, please get in touch with Nicole Jancey, who is head of our newly resurrected Social and Fundraising Committee.



COMMITTEE MEMBERS

Without committee members, Annan Rugby Club would grind to a halt. Fancy joining the committee and helping to shape the future of Annan Rugby?

FANCY VOLUNTEERING?

Welcome aboard! Speak to a team manager, coach or one of the committee members and let's get started!



FUNDRAISING & SOCIAL



EVENTS

Annan Rugby put on numerous events throughout the year, such as:

- Colour Runs
- Xmas Parties / Halloween Events
- Meerkats v Grizzlies
- Rugby Camps
- Gin Evening
- Music Events

Plus lots more.



Keep an eye online on our Social Media pages or Website and get yourself along!

TEAM FUNDRAISERS

As well as the events that help with the funding of Annan Rugby, we also have team fundraisers every year.

Past fundraisers have been:

- 24 Hour Touch
- The Longest Try
- The Big Cycle

Plus many others.



We are always on the look out for new ideas and any support of these Team fundraiser is most welcome.



£250 MONTHLY DRAW

The longest-running monthly draw by a rugby club in the Annan area!

Help raise funds for the club and a chance to win **£250** every month.

The cost is **£4** per month (paid by standing order)

The draw is done on the 25th of every month by members of the committee.

INTERESTED?

Who doesn't want a chance to win £250 & help raise funds?

Email: contact@AnnanRFC.com

Drop a Text/WhatsApp to **0771 629 8916**

Or contact draw master extraordinaire **Ed Woodman** to let him know that you want to enter the draw



SOCIAL MEDIA



WEBSITE

The first Scottish club website on the inter web. Been going since 1995. Your first stop for all your Annan Rugby needs at www.AnnanRugby.com



FACEBOOK

Can be found at www.Facebook.com/AnnanRugby. Keep up to date with what's going on at Annan Rugby



TWITTER

For all the latest scores on match days and all the usual twitter chat, the Annan Rugby twitter page can be found at: twitter.com/AnnanRugby.



INSTAGRAM

Our Instagram account can be found at: [instagram.com/annan.rugby](https://www.instagram.com/annan.rugby). For lots more info and fun and games!



TIK TOK

The Annan Warriors/Hornets have a TikTok account at: [tiktok.com/@annan.warriors](https://www.tiktok.com/@annan.warriors). More fun and games to be had!



SNAPCHAT

We are also on Snapchat! - under AnnanRugbyClub

CLUB SPONSORS

THANKS TO ALL OUR SPONSORS

As always, many many thanks to all the amazing sponsors and supporters we have had at Annan Rugby over the last few seasons and for the next few as well!

Big or small you all help rugby to grow and flourish at Annan Rugby.



SPONSORSHIP OPPORTUNITIES

We have various sponsorship opportunities available starting at just £100.

For further information on how to become a club sponsor please get in touch with **Sean Haren**



EMAIL

Sponsorship@AnnanRFC.com

MOBILE/WHATSAPP

07912 399 937



ANNAN RUGBY ON A PAGE



ADDRESS

Clubhouse & Ground: Violetbank, Annan, DG12 5NY
Opening Times: During training times and match days



CONTACT DETAILS

General Enquiries: contact@AnnanRFC.com
U6-U18 Rugby: Nicole@AnnanRFC.com / Mobile: 0777 161 9559
Senior Men: AdamHam2406@Gmail.com / Mobile: 0772 066 0093
Senior Women: TracyWhiteside@Me.com / Mobile: 0787 985 4336



TRAINING

SENIOR MEN: EVERY TUESDAY & THURSDAY. 7PM TO 8.30PM
SENIOR WOMEN: EVERY TUESDAY & THURSDAY. 7PM TO 8.30PM
U17-U18 BOYS: EVERY TUESDAY & THURSDAY. 7PM TO 8.30PM
U17-U18 GIRLS: EVERY TUESDAY & THURSDAY. 7PM TO 8.30PM
U15-U16 BOYS: EVERY THURSDAY 6.30PM TO 8PM
U15-U16 GIRLS: EVERY WEDNESDAY 6.30PM TO 8PM
U13-U14 BOYS: EVERY THURSDAY 6.30PM TO 8PM
U13-U14 GIRLS: EVERY WEDNESDAY 6.30PM TO 8PM
U6-U12 GIRLS & BOYS: EVERY SUNDAY. 10AM TO 11AM (IF NO FIXTURE)

Training is usually Violetbank but will move over the winter period.

MEMBERSHIP COSTS FOR 2026/27

*The 20% family discount is only available for families living at the same address with an U18 player.

MEMBERSHIP OPTION	ANNUAL	OVER 10 MONTHS	ANNUAL WITH FAMILY DISCOUNT*	OVER 10 MONTHS WITH FAMILY DISCOUNT*
FULL SENIOR PLAYER WITH GYM MEMBERSHIP INCLUDED	£208	£20.80	£166.40	£166.64
STUDENT ON PRODUCTION OF VALID ID	£104	£10.40	£83.20	£8.32
YOUTH	£78	£7.80	£62.40	£6.24
WALKING RUGBY	£40	£4	£32	£3.20
ASSOCIATE	£23	N/A	N/A	N/A



OTHER CONTACT INFO

President: NeilMoffat@AnnanRFC.com / 07469 774 918
Mental Health: AlisonMartin@AnnanRFC.com / 07730 791 751
SO / PVG Contact: Gary Coupland on SO@AnnanRFC.com / 07711 720 900
Website/Email: www.AnnanRugby.com / Admin@AnnanRFC.com



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