

Annan Rugby Code of Conduct – Players

As a player representing Annan Rugby Club, I agree to uphold the values of respect, integrity and sportsmanship, both on and off the field. I understand that my behaviour reflects on my teammates, coaches, and the club as a whole.

1. Respect for Others

- I will treat all teammates, opponents, coaches and match officials, and spectators with respect and courtesy.
- I will listen to and follow the instructions of coaches and referees without argument.
- I will avoid foul language, taunting or unsportsmanlike conduct.

2. Commitment and Effort

- I will attend all training sessions and matches unless I have a valid reason and inform my coach in advance.
- I will give my best effort during practices and games and support my teammates at all times.
- I will arrive on time, and prepared, with the appropriate kit where required.

3. Teamwork and inclusion

- I will support an inclusive and welcoming environment for all players, regardless of background, ability or identity.
- I will encourage and help new players to integrate them into the team.
- I will resolve any conflicts respectfully and seek help from a coach or club official if needed.
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4. Health and Safety

- I will play within the laws of the game and promote safe play at all times.
- I will report any injuries or concerns to the coaching staff immediately.
- I will not engage in or tolerate bullying, harassment or discrimination,

5. Off-field Behaviour

- I understand that I represent the club at all times, including outside of rugby activities.
- I will act responsibly and avoid behaviour that may damage the club's reputation.
- I will use social media respectfully and never post content that could bring the club into disrepute.

6. Commitment to Growth

- I will seek feedback and strive to improve as a player and teammate.
- I will uphold the spirit of rugby and act as a positive role model for younger players.

7. Adherence to Membership Policy

- I will adhere to the club's official membership policy, including the payment of any membership fees, participation requirements and any other guidelines set out by the club.
- I will provide accurate and up to date contact and medical information as required by the club.
- I understand that my membership may be suspended or terminated if I fail to comply with the club's policies and procedures.
- I will ensure that my conduct, both on and off the field, reflects the values and expectations outlined in the membership policy.

Breaches in this Code of Conduct may result in disciplinary action, including suspension or removal from the team.

By signing below, I agree to abide by this Code of Conduct.

Player Name: _____

Signature: _____

Date: _____